



Angelina Oblak	Arts and Science Student Rep	Oct/2024	20 hours
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LOOKING BACK

Hours Breakdown

(Meetings, events and activities that I've attended in my role, with an hours breakdown)

Mental Health Breakfast: 2.5 hrs (Oct 7)

GFC Meeting: 1.5 hrs (Oct 7)

Club's Council Meeting: 1 hr (Oct 9)

Craft Me Calm & Smoothie Event: 8 hrs (Oct 9)

Mental Health Essence of Care Table: 3 hrs (Oct 10)

General Assembly Meeting: 3 hrs (Oct 10)

ULSU Strategic Planning Meeting: 1 hr (Oct 11)

Highlights and Reflection on monthly activity

(Information of note, what went well, what did not)

October was a productive month, with a strong focus on mental health initiatives and student engagement. The **Mental Health Breakfast** and **Essence of Care Table** events allowed students to connect with resources and prioritize self-care during midterms, which was met with positive feedback from attendees. **Craft Me Calm & Smoothie** was a particularly impactful event, offering students a creative and healthy outlet for stress management.

Engaging in the **General Assembly** and **GFC meetings** enabled me to advocate for Arts and Science students, addressing both immediate and long-term concerns. The **ULSU Strategic Planning Meeting** continued the work of gathering student feedback for shaping future ULSU initiatives.

Projects in Progress

(Projects that I am currently working on, who I am working with, what resources do I require?)

ULSU Strategic Planning Working and Drafting: Continuing to refine the strategic plan with input from students, working closely with other GA members.

Arts and Science Faculty Events: Collaborating with fellow Arts and Science Representatives to organize events that foster stronger connections between students and faculty, promoting a sense of community and open communication.

Student Academic Code of Conduct Working Groups: Participating in working groups to review and provide input on the draft writing for the Academic Student Code of Conduct.

Completed Projects

(Projects that I have completed, what went well, what did not, and why)

Mental Health Week Events: Successfully organized and executed several events for Mental Health Week, including the **Mental Health Breakfast** and **Craft Me Calm & Smoothie**. These events provided students with access to resources and fostered a supportive atmosphere for mental health awareness.

	<p>ULSU Strategic Planning Feedback Collection: Completed the first phase of feedback collection, gathering valuable insights from students to inform the strategic planning process.</p> <p>General Assembly Meeting: Actively participated in discussions regarding student needs and upcoming initiatives, contributing to decision-making on key student issues.</p>
<p>Challenges I've encountered: (eg: I can't get volunteers, not enough funding, the equipment didn't work properly, etc.).</p>	<p>Event Coordination for Mental Health Week: Balancing time for multiple events in a single week required intensive coordination and support from volunteers.</p> <p>Student Participation in Feedback Sessions: Encouraging students to engage with the strategic planning process has been challenging, with ongoing efforts to improve outreach and communication.</p>
<p>Goals I've accomplished this month: (kept up with regular duties &/or accomplished additional goals)</p>	<p>Successfully hosted and participated in multiple Mental Health Week events, with a significant turnout for Craft Me Calm & Smoothie.</p> <p>Facilitated student representation in the GFC and General Assembly meetings, where key issues impacting the student body were discussed.</p> <p>Progressed with ULSU Strategic Planning, setting a solid foundation for strategic plan writing.</p>

MOVING FORWARD

<p>Current or upcoming tasks: (upcoming activities or tasks I will be participating in or spearheading, possible timeline of completion, who will I be working with).</p>	<p>Strategic Planning Draft: Finalizing drafts and gathering additional student input for the ULSU's strategic plan.</p> <p>Executive Accountability Committee: Collaborating with GA representatives to collect feedback and set out materials for transparency and accountability initiatives.</p> <p>Arts & Science Faculty Events: Continuing to plan events that connect Arts & Science students with faculty, with the goal of fostering greater communication and involvement in academic policies.</p>
<p>Goals for next month: (What I would like to accomplish next month as a ULSU representative)</p>	<p>Successfully execute Culture Week events and initiatives with other ULSU representatives.</p> <p>Collect feedback for the Executive Accountability Committee to promote transparency in leadership.</p> <p>Attend all working groups and committee meetings to maintain active student representation in university policies and initiatives.</p>
<p>Important dates/deadlines: (important deadlines related to my goals or position).</p>	<p>November 4, 2024: GFC Meeting</p> <p>November 7, 2024: General Assembly</p> <p>November 18-22, 2024: Culture Week</p> <p>November 21, 2024: Arts & Science Council Meeting</p> <p>November 27, 2024: Arts & Science Night</p> <p>November 28, 2024: Connection Café</p> <p>November 29, 2024: Dirty Bingo</p>